

RWK Enterprises LLC

Myers-Briggs Workshops

A better understanding of yourself and others is invaluable. Learning how others view and relate to the world lays the foundation for improved personal relationships. RWK Enterprises has chosen the **Myers-Briggs Type Indicator** as a tool used to improve interpersonal communications and relations with the individual and the customer, fellow employee, or outside work relations.

The Myers-Briggs Type Indicator (MBTI) is a widely used, and validated, psychological instrument (self administered) that identifies how individuals Perceive information, Process information, Judge (make decisions), and Relate to the world around them. It is based on the works of the Swiss psychologist Carl Jung.

All workshop participants complete the MBTI instrument and receive specific feedback (computer generated profile) about their Type. The MBTI instrument "assigns" a particular Type based on how the individual answers the questions. There is plenty of discussion about the strengths and limitations of the MBTI and reinforcement of the fact that no one is put in a box. The instrument only determines certain preferences. It is important that each individual is comfortable with the MBTI and its utility. The MBTI is only administered by professionals *qualified* to purchase the copyrighted instrument.

RWK Enterprises has utilized the Myers-Briggs Type Indicator successfully in training and consulting services. It is an extremely effective tool to help individuals understand their own personalities and behaviors as well as those in their work or personal environment. MBTI understanding can be beneficial in improving communications, reducing conflict, leading others, and coping with change.

In addition to the training and consulting products listed on these pages, RWK Enterprises can provide very specific workshops as desired by the client.