

RWK Enterprises LLC

Success Strategies Workshops

Most people will say they want to be successful. When asked, many people have a hard time defining success in personal, specific, and measurable terms. No wonder so many people struggle with feeling satisfied with their life, their progress, and their future. Self-doubt is a hindrance. It can keep people from moving toward their dreams. Our beliefs, values and behaviors determine performance. We are a compilation of genetic influences and personal experiences. How we harness and utilize our "nature" and "nurture" is a personal choice as we exercise our free will. These small, seemingly insignificant daily choices determine our destiny.

This workshop begins with an introduction to the [Myers-Briggs Type Indicator](#). Discussion of the sixteen personality types explains how people Perceive information, Process information, Judge (make decisions), and Relate to the world around them. Each participant then understands their personality preferences that set the foundation for a deeper understanding of self and the differences in others. This workshop helps participants understand how to **Define Success**, **Create Success** and **Enjoy Success** in a personal way.

It is critical to **Define Success** according to individual wants, needs, values and beliefs. Feeling successful is very different from appearing successful or achieving success as defined by someone else. The role of societal and family expectations is discussed. Authentic success comes when performance aligns with mindset.

If it is worth having, it is worth working for. What do successful people do to **Create Success**? How are we utilizing our most precious resources – time and energy? Are we planning our life and living our plan? When a success oriented mindset stumbles, discipline must kick in. Setbacks are a vital part of personal growth and the success journey. So, it is important to be able to create a success-supporting environment, surround yourself with success supporting people, communicate effectively, and demonstrate ability to influence others.

Is it easy to **Enjoy Success**? Learn how to measure success in a way that works for you. Give yourself credit for progress in your success journey. Engage your senses and relive the feelings of success. Part of enjoying your success is surviving your success, so you can stay on track and fulfill your life's purpose.